

Family Liaison Officer News



**School Health Team drop – in for Parents:
Wednesday 16th November at 2.45pm**

Lucy Peaper from the School Health Team will be in the Infant hall from 2.45 to 3.30pm to talk to parents and carers about healthy living. Pop in for a cuppa and a biscuit and pick Lucy's brains about the things that may be worrying about your children —faddy eating, weight concerns, portion sizes and so on.

Web site of the month

Contact a family is a national charity supporting families who have a child with a disability. They offer direct support and advice to families as well as working to help families to support each other. Their web site is full of valuable information on subjects such as finance and benefits, relationships and family life, medical diagnosis and so on. They also have a wealth of publications available to download.

contact a family
for families with disabled children

Contact FLO

email: flo@staplehurst.kent.sch.uk

Phone: 07826 294899 / 01580 891765

What's on:

Tuesday 8th November 9.30 to 11.30am: WEALD PARENT SUPPORT GROUP: Coffee and chat time for parents of children with special needs and disabilities. Held at Cranbrook Out of School Club, Carriers Road, TN17 3JZ

Friday 25th November 10.15 to 11.45am: BOWER GROVE PARENT SUPPORT GROUP: A workshop talk on **Autistic Spectrum Disorder**, looking at social communication, repetitive behaviours, anxiety and much more. This will be a very valuable session for all parents and carers of ASD children, helping to identifying triggers and plan strategies to support the child. **Bower Grove School, Fant Lane, Maidstone ME16 8NL**

Sunday 27th November at 10.15am: Fantastic Beasts and Where to Find Them - Autism-friendly film screening at the local **Odeon cinemas**. The film is shown with the volume reduced, the lights on low and a relaxed atmosphere. Children may move around and may take their own food and drink. Tickets should be booked in advance.

Parents in Crisis

As the school's Family Liaison Officer I am here to support parents and children with any need that may affect the child's wellbeing. Sometimes that is just a sympathetic chat with a child who is reluctant to go to school. Other times I find myself supporting families in crisis. Please come and talk to me if you think I may be able to help with your situation. I have built up a bank of contacts and information for all sorts of circumstances:

- * Finding books to read to your child at specific times in their life ... parents' separation, bereavement, moving house etc.
- * Supporting children who are Young Carers.
- * Referring to outside agencies School nursing, bereavement workshops, healthy weight programmes, parenting.

On a low income? You may need:

- * Emergency help with food parcels, travel or energy payments.
- * Replacement of essential household items such as washing machines.
- * Grants for a holiday club or a new mattress.
- * Financial help for holidays or Christmas presents.